

Trainingsschema Seizoen 2017-2018			Overmunthe veld 1	Overmunthe veld 2	Merode Stein	Merode Links	d'Arbergstraat Elsloo	Kerensheide Stein	Riviusstraat Elsloo	Meers			
Maandag	16:30	17:00	CMV3 Roel						Handbal ESC 90				
	17:00	17:30											
	17:30	18:00											
	18:00	18:30	D7 Kyona	MC1 Nadia/Milou	MC2 Maud/Wesley	Turnen Maasland		MB1 Roy		D4 Rens			
	18:30	19:00											
	19:00	19:30	D1 Jean	D3 Roy	D2 Luc		Aerobics		MB2 Bob				
	19:30	20:00					Peggy body bal.						
	20:00	20:30				Damesgym Thomassen							
	20:30	21:00											
	21:00	21:30	Drec Jean	D6 Robin	H1 Luc	VC Gabriel		Volleybal VC Crupell					
21:30	22:00												
22:00	22:30												
Dinsdag	16:30	17:00											
	17:00	17:30											
	17:30	18:00				Turnen Maasland							
	18:00	18:30	JC1	JB1			MBVO Elsloo						
	18:30	19:00	Quinty / Tren										
	19:00	19:30											
	19:30	20:00	D5 Richard	H4 Tom	Teakwondo		Judo Kenshiro Aelse	Trimclub Kerensheide	D8 Luc				
	20:00	20:30				Gymclub Nieuwdorp							
	20:30	21:00											
	21:00	21:30	H2 Jos	H3 Richard									
21:30	22:00												
22:00	22:30												
Woensdag	16:00	16:30	CMV 4-5 Erna	CMV 4-5 Erna									
	16:30	17:00											
	17:00	17:30											
	17:30	18:00	Basketbal Boomerang				Turnen Maasland		Handbal ESC 90				
	18:00	18:30				MB1 Miranda							
	18:30	19:00							Dansschool DSM Starlight Elsloo				
	19:00	19:30											
	19:30	20:00					Aerobics Knoester						
	20:00	20:30							Voetbal Henzen				
	20:30	21:00											
21:00	21:30												
21:30	22:00												
22:00	22:30												
Donderdag	16:30	17:00											
	17:00	17:30											
	17:30	18:00				Turnen Maasland							
	18:00	18:30	MC2 Maud/Wesley	MB2 Indra									
	18:30	19:00					MC1 Milou / Nadia	D7 Kyona	JB1 Bas				
	19:00	19:30											
	19:30	20:00	D2 Luc	D4 Rens		Boksclub Urmond	D5 Richard	D6 Ivar					
	20:00	20:30											
	20:30	21:00			D1 Jean								
	21:00	21:30	H1 Luc	HREC Juus		D3 Roy				Badminton BC Elsloo			
21:30	22:00												
22:00	22:30												
Vrijdag	15:30	16:00											
	16:00	16:30											
	16:30	17:00											
	17:00	17:30											
	17:30	18:00											
	18:00	18:30	Basketbal Boomerang				Turnen Maasland						
	18:30	19:00				D8 Luc			JC1 Quinty / Tren				
	19:00	19:30											
	19:30	20:00											
	20:00	20:30											
	20:30	21:00			Taekwondo								
	21:00	21:30							H2 Jos				
	21:30	22:00								Diversen			
	22:00	22:30		Badminton									